

MEET CLAIRE JONES

WELLBEING ASSISTANT & MENTOR



WHAT IS A WELLBEING ASSISTANT

Claire works as a Wellbeing Assistant for Katherine Harriet, supporting vulnerable adults to live independently and safely in the comfort of their own homes. Katherine Harriet specialise in providing high quality personalised care and wellbeing support.

Her role involves:

- Meeting new Clients and their families
- Providing support / companionship in their own homes
- Medication Support and Nutrition Support
- Providing Meals and Personal Care
- Providing Stoma / Catheter Care, Palliative Care and Dementia Care when needed

As a Trainee Mentor Claire is also:

- Carrying out Workplace Observations with all staff
- Developing Personalised Care Plans
- Delivering on-the-spot Training for Staff
- Developing and Mentoring new staff and our ways of working
- Part of the Buddy System
- Developing the 'Champion' Roles specifically 'Stoma & Catheter Care'
- PPE and Infection Control Checks as and when required

Claire works closely with other colleagues in certain Client Teams. Claire enjoys the relationship she has with the people she supports and their families. Claire has built on her experiences as everyday is different.

GET IN TOUCH

Email: info@katherineharriet.care
Website: www.katherineharriet.care
Address: 9 Broad Street, Hereford, HR4 9AP
Telephone: (01432) 483083

HOW DID CLAIRE GET HERE?

Claire worked at a local Nursery in the Childcare Sector for over 10 years. This involved supervision of babies and pre-school children. During her time she went through various promotions however felt she needed a change. During this time Claire had two children and as her own children grew up and started school Claire felt this was a good time for a change in career and direction. Claire came to KH through a job advert on Facebook.

Claire had researched the business and domiciliary care and had an understanding of the sector. Having gained relevant experience in the Healthcare Sector, Claire had the compassion, empathy and kindness to bring to Katherine Harriet and her career.

WHERE HAS THIS TAKEN HER?

Claire joined Katherine Harriet in 2017. Whilst being in post she has completed various courses. She has also completed her Care Certificate and very recently has completed her End of Life Training. Claire is on the 'Mentor Pathway' and training to be a Mentor as well as a 'Stoma & Catheter Champion' and in the next 12 months will also carry out training to support these roles.

WHAT ADVICE WOULD YOU GIVE TO OTHERS?

"Give it a go, its a hugely rewarding job. Katherine Harriet reward us in many ways and it's lovely to feel appreciated and supported in a job I love. There is room to progress which I have loved. I am so glad I made the move. The care staff are an amazing bunch of people who go above and beyond for the company but most of all are all honest, hardworking and amazing people who have hearts of gold."